EACH26 ONLINE
Environment | Activity | Connection | Health

International Social Prescribing Conference
2 December

EACH26 – Conference Programme

Wednesday, 2 December 2026 | 2:00–8:35 pm AEDT | Online

Contributory Reciprocity – Everyone Brings Something

Join us for an afternoon and evening of ideas, conversations and shared learning as we explore how social prescribing and community development can move beyond providing support to recognising the strengths, experiences and contributions that everyone brings.

2:00–2:45 pm — **Opening: Contributory Reciprocity**
Prof JR Baker – Contributory Reciprocity: From Receiving Support to Creating Shared Life

2:45–2:55 pm — **Interactive Activity 1 – Yoga**
Kelly Chec from ASPIRE will lead a short 10 minute yoga session to get everyone energised and ready for all the exciting content ahead.

2:55–3:15 pm — **Theme 1: The Evolving Landscape**
Exploring the current state of social prescribing, emerging trends and the opportunities taking shape across the sector.

3:15–3:30 pm — **Theme 2: Understanding What Matters**
A/prof Rosanne Freak-Poli – A Delphi session to identify and prioritise the information needed to evaluate and improve social prescribing

3:30–3:55 pm — **Theme 3: Giving and Receiving**
Dr Lysha Lee – Exploring how intergenerational practice can be a catalyst for culture change

3:55–4:00 pm — Break

4:00–4:30 pm — **Theme 4: Creating Together**
Prof Kheng Hock Lee – The Wisdom We Bring: Rethinking Who Helps Whom

4:30–5:15 pm — **Three Parallel Masterclasses**

Stream A
Caring is Giving. But Carers Matter Too.
Prof Christina Aggar

Stream B
Link Workers as Enablers of Contribution

Stream C
The Gift of Connecting Communities
Jenny Hartnoll

5:15–5:20 pm — Break

5:20–6:10 pm — **Theme 5: Enabling Contribution**
Dr Seth Kaplan – Strengthen the capacity of neighbourhoods to welcome people, discover their strengths and support activities they initiate themselves
Cross Sector Panel Discussion involving planning, architecture, local government, transport, arts and community development featuring Eugene McGarrell (SNHN), A/Prof Claire Hooker (University of Sydney), and Chris Mundy (Neighbourhood Houses Queensland)

6:10–6:15 pm — **Interactive Activity 2 – Everyone Brings Something**
Bring your favourite plant, hat, treasured item or even the family pet for a fun, interactive session where you can share its story!

6:15–6:45 pm — **Dinner break / Interactive Cook Along (Optional)**
Giles Gabutina leads an interactive cook along where attendees will be invited to move themselves to the kitchen and put together a quick dish with instruction from a professional chef

6:45–7:25 pm — **Theme 6: Sharing and Multiplying**
Abstract Session: Five Slides. Five Minutes. One Idea Worth Sharing.
Concurrent virtual breakout rooms showcasing innovative projects from across Australia, Asia-Pacific and globally.
Questions and discussion

7:25–7:30 pm — Break

7:30–8:15 pm — **Theme 7: Everyone Has Something to Give**
Cormac Russell – Everyone Has Something to Give: Discovering the Gifts Around Us.
In conversation with Prof JR Baker and Cormac Russel

8:15–8:35 pm — **Closing: What We Create Together**